

## MI and Opposing Approaches

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MI	Opposing Approaches
<p><b>Collaboration:</b> Partnership that honors client's expertise and perspectives</p> <p><b>Evocation:</b> Resources and motivation for change presumed to reside in client; draw on client's own perceptions, goals, and values</p> <p><b>Autonomy:</b> Affirm client's right and capacity for self-direction</p>	<p><b>Confrontation:</b> Overriding the client's impaired perspectives by imposing awareness and acceptance of "reality"</p> <p><b>Education:</b> Client presumed to lack knowledge, insight, and/or skills necessary for change; provide requisite enlightenment</p> <p><b>Authority:</b> Tell client what he or she must do</p>